



CENON CENTRAL

Edition 4703 - April May June 2024

Central Ontario District Team

Governor

Ralph Brunten

Immediate Past Governor

Al Fourney

Governor Elect

Bonnie Sheer –Porteous

Secretary/Treasurer

Michelle Stokes

Governors Advisor

Tony Edge

CCOF & Childhood Wellness

Denise Nacev

Membership & Engagement

Diane Laframboise

Growth

Tony Edge

Conference/Convention

Gabriella Van Hooydonk

Finance

Brian Wick

Leadership Development

Anne Donkers

World Oratorical

Marijka Coffa

Essay

Susan Montgomery

Marketing

Vicki Mains

Junior World Golf

Dennis Kwasnicki



From the Desk of

GOVERNOR RALPH E. BRUNTON



The last half of the year has arrived with the smell and sounds of Spring. Now is the time when the members have a step in their walk and increase of enthusiasm as the nice weather has arrived. Now is the time to spread the word in your community on why people should Choose Optimism and join your club to help bring out the best in Youth, Community and Themselves.

We can be proud as our District is #5 in OI and not far from being #2. I challenge all clubs to be a +1 for the 2nd half of the year.

When you are out in the community brag about your club on how you are making the community better and having fun at the same time while bringing out the best in the youth and ourselves. All you then need to do is ASK. Invite them to an event, a meeting or sit down with other members with them or go have a coffee. Just remember to be enthused.

Don't forget to get your nominations in for The Governor Certificate to give recognition to your members who deserve it. Please send in nominations and why to Diane Laframboise at therazz@hotmail.com. As I know there are a lot of members out there who should be recognized.

The Elections are coming up and please get your results entered in Leaders under the COER report. It needs to be done by May 20th so the club information coming out will be delivered to the right person. Its very important. I hope to see you at the 3rd quarter Conference as you dress up to be your favourite Actor or Actress. I promise it should be a lot of fun.

cont'd on page 2....

Central Ontario District Team

Hospitality

Jennifer Krizel

Peter Krizel

Sgt. At Arms

Ted Simmonds

Candidate Qualifications

Al Fourney

CCDHH

Ted Simmonds

Historian

Brenda McDonald

Parliamentarian

Alex Ansell

Achievement & Awards

Lauralee Reily

International Convention

Michelle Stokes

Webmaster

Brian Wick

Michelle Stokes

Communications

Christine Smith

Bulletin Editor

Al Wood

Junior Optimist Clubs (JOI)

Jody Caperchione

Programs/Projects

Jane Morson

Scholarships

Jim Lynge

Lt. Governors

Zone 1 - Don Devreede

Zone 2 - Don Zynomirski

Zone 3 - Ken Williams

Zone 5 - Mac Rumble

Zone 6 - Olaf Krahmer

Zone 8 - Jim McGrorey

Zone 10 - Larry Harper

Supply

Gillian Martin
Ansell s Awards

CENON CENTRAL

....from page 1

Don't forget the International Convention in Niagara Falls and get your registrations in ASAP as it will help the Committee with the organization of setting up the programs and workshops.

Lets all work hard and move the District to the top to be #1 as we CHOOSE OPTIMISM to LIGHT UP THE FUTURE.

Ralph E. Brunton
Governor 2023-2024
CENON

Club Elections and Reporting

It is a proven fact that the most relevant and healthiest Optimist Clubs have a few things in common and one of those critical things is a strong leadership pool that is driven by regular elections and a pride in offering opportunities for personal development. Club Bylaws outline each Club's requirement for the structure of the Club Board of Directors. Optimist International requires that next year's Club officers are reported annually no later than May 20th. This is done with the Club Officer Elect Report (COER) through the Optimist Leaders web portal. Important information will be shared with the 2024/2025 officers throughout the 3rd and 4th Quarters and so having an updated list of incoming officers is crucial for proper communication from the District and International levels.

Governor Ralph

From the Desk of the Editor.....

If your club has done something that may be of interest to other clubs and members, or if you have an event coming up that other clubs and members could attend, send me a blurb with a photo if available. CENON CENTRAL is a quarterly publication, and the next issue will be on July 15.

al.wood5212@live.ca



**CENON 3rd Quarter District Conference
May 4 - 5, 2024**



**Allure Hotel & Conference Centre,
Barrie, Ontario**

NOTE: - Registration @ \$35.00 available until April 15. After April 15, registration will be \$40.

- Saturday evening meal can be reserved @ \$35 until April 15

For complete agenda and conference details go to cenon.org

**CLOSES
TODAY**

SATURDAY, May 4, 2024

- 12:00 p.m. – 1:00 p.m. Registration Desk Open
- 1:00 p.m. – 1:05 p.m. Welcome, Introductions, Moment of Reflection and Land Acknowledgement.
- 1:05 p.m. – 2:35 p.m. District Oratorical Contest
- 2:35 p.m. – 2:45 p.m. Break
- 2:45 p.m. – 3:05 p.m. Essay Winner & Oratorical Awards
- 3:05 p.m. – 5:00 p.m. Hotel Check in & get ready for Dinner
- 5:00 p.m. – 7:00 p.m. Dinner & Guest Speaker - Jessie Brar
- 7:00 p.m. – 8:30 p.m. S.T.A.R Workshop (Personality Types) – Don Zynomirski
- 8:30 p.m. – 9:00 p.m. How to Submit By-Laws on Optimist Leaders
- 9:00 p.m. Hospitality Room

SUNDAY, May 5th, 2024

- 8:45 a.m. – 9:00 a.m. Women & Children's Shelter of Barrie (Service Project)
- 9:00 a.m. – 10:00 a.m. Round Tables – Spring a time to grow our clubs!
- 10:00 a.m. – 12:00 p.m. Board of Directors Meeting, voting by District executive, Club presidents
- 12:00 p.m. Closing Remarks & Optimist Creed - Main Hall

NOTE: This Quarter Community Project - we are supporting the Barrie Shelter, a not for profit organization that supports abused women and children to transition them back to the community. Donations appreciated by clubs are: Walmart gift cards, Shoppers Gift cards, women/children toiletry items, cheque donations.



**106th Optimist International Convention,
Niagara Falls, Ontario,
June 22-26, 2024**

The 106th Optimist International Convention will be held at the Sheraton Fallsview Hotel in Niagara Falls, Ontario from June 22 to 26, 2024. It promises to be a fantastic chance to hear motivational speakers, attend workshops, meet and socialize with other Optimists, and have fun!

Hotel reservations can be made as follows: Call 1-800-519-9911 to make a reservation at the Sheraton Fallsview or the Crowne Plaza, and request the group rate for "Optimist International" or reference the code OIT for Crowne Plaza and OPT for Sheraton Fallsview. Room rates are quoted in Canadian Currency.



Here are some items to expect:

- ◆ **Saturday June 22nd evening - Welcome Celebration and Canadian Centennial Event (It's going to be tasty!)**
- ◆ **Sunday June 23rd - Heritage of Optimism Brunch - with an International twist!**
- ◆ **Monday June 24th - President's Banquet/Gala and Dance - come help us celebrate Optimist International President Tracy's Successful and Caring year!**
- ◆ **There are a lot of workshops to share Optimism being planned by the Leadership Development Team, which will include Office Trainings.**
- ◆ **We are working hard to bring dynamic Canadian Keynote Speakers to the Convention and above all our main goal is to have a fun time in Niagara Falls!**

You can start with [Page 5](#) of this newsletter, but to keep up to date on Convention information including registration, program and 'See Who's Attending' by frequently visiting optimist.org

106TH OPTIMIST INTERNATIONAL CONVENTION

NIAGARA FALLS

Sheraton Fallsview and Crowne Plaza, Niagara Falls, ON Canada

JUNE 22-26, 2024

SCHEDULE



Saturday, June 22

- 9 a.m.-12 p.m. VPs/GOVs Training
- 9 a.m.-4 p.m. VPs-Elect/GOVs-Elect Training
- 3-7 p.m. Registration Open
- 3-7 p.m. House of Optimism (Expo) Open
- 4:30-5:30 p.m. First Timers Program
- 6:30 p.m. Ribbon Cutting
- 7 p.m. Opening Ceremony
Parade of Flags / National Anthems
/ Welcome / Etc.)
- 8 p.m. Taste of Canada Reception

Sunday, June 23

Bringing Out the Best in Youth

- 8 a.m.-5 p.m. House of Optimism (EXPO)
- 8 a.m.-5 p.m. Registration
- 9-11 a.m. General Session w/ keynote
- 11:30 a.m.-1 p.m. Heritage of Optimism Brunch
- 1:30-3:45 p.m. District Chair Training
 1. Growth
 2. Member Engagement & Retention
 3. Marketing
 4. Leadership Development
 5. District Secretary-Treasurer
- 1:30-2:30 p.m. Workshops
- 2:45-3:45 p.m. Workshops
- 4:30-6 p.m. Foundations Donor
Appreciation Recep
By Invitation
- 8-10:30 p.m. Trivia Night

Monday, June 24

BRINGING OUT THE BEST IN COMMUNITY

- 8 a.m.-5 p.m. House of Optimism (EXPO)
- 8 a.m.-5 p.m. Registration
- 9-11 a.m. General Session w/ keynote
- 12-4:30 p.m. Service Project(s)
- 1:30-2:30 p.m. Workshops
- 2:45-3:45 p.m. Workshops
- 6:30-7:30 p.m. Pre-Banquet Reception
- 7:30-9:30 p.m. President's Banquet/Gala
- 9:30-11:30 p.m. President's Gala/Dance

Tuesday, June 25

Bringing Out the Best in Ourselves

- 7:30-9 a.m. Foundations Past Pres Breakfast
By invitation
- 8 a.m.-5 p.m. House of Optimism (EXPO)
- 8 a.m.-5 p.m. Registration
- 8 a.m.-12:45 p.m. Credentials
- 9:15-10:30 a.m. General Session w/ keynote
- 10:45-11:30 a.m. Town Hall
- 1-2:45 p.m. Business Session
- 3-5 p.m. Closing General Session
w/ President Tracy Huxley
- 5:45-7:15 p.m. Wm. H Harrison Recep
By Invitation
- 6 p.m. District Night Out/Dinners

Wednesday, June 26

- 7:30-9 a.m. International President-Elect
Breakfast
Meet 24-25 Int'l President Jan Oord Graves
- 10 a.m.-6 p.m. Free Time for Local Site Seeing Tours

Early Bird Registration deadline is Wednesday, May 1, 2024 @ 11:58 PM (CT)

Advanced Registration deadline is Friday, June 14, 2024 @ 12:00 AM (CT)

On-site Registration rates begin Monday, June 17, 2024 @ 12:00 AM (CT).

On-site Registration open on Saturday, June 22, 2024 @ 3:00 PM (CT).

Online Registration deadline is Tuesday, June 25, 2024 @ 5:00 PM (CT)



Join The Optimist Club for our 75th Anniversary Celebration

Saturday June 8th from 11:00 till 3:00
at The Link -20849 Dalton Rd. Sutton

Ribbon cutting with Cake at 11:00

Youth Appreciation Awards Presentation at 12:00



**Bed Race Competition starts at 1:00
come cheer for your favourite team!**



Artisan and Vendor pop up showcase

**Kids Zone with bouncy castle,
giant inflatable and games**

**Creative Centre with crafts for kids
hosted by Artistic Approach Studios**

**BBQ Hot Dogs and other treats available
with donation while supplies last**

Please support the Food Pantry and bring a non- perishable donation

Thank you to our community sponsors



THE OPTIMIST



International Junior Golf Championships



2024 District Junior Golf Tournament

FUN. AWESOME. COMPETITIVE.

CALEDON COUNTRY CLUB, INGLEWOOD, ONTARIO.



[District Junior Golf Tournament Entry Form & Rules.](#) (pdf)

Entry deadline to be announced and must be endorsed by any local Optimist Club.

Our District Junior Golf Qualifying Tournament for 2024 will be held on Saturday, June 15, 2024 at Caledon Country Club, Inglewood, Ontario.

Please schedule your local club tournament to be held prior to June 1st if you are hosting one. The cost for registration is \$95.00 per golfer which includes greens fees, lunch and prizes.

The age groups are 10-11, 12-13, 14-15, and 16-18 years for boys, and 10-12, 13-14, and 15-18 for girls. The Optimist International Junior Golf Championships will be held in Florida as follows:

Boys 10-11, 12-13 and Girls 10-12 – July 16 – July 21, 2024

Boys 14-15 and Girls 13-14 – July 21 – July 26, 2024

Boys 16-18 and Girls 15-18 – July 26 – July 31, 2024

It is our objective to send two finalists from our District Tournament to Florida.

Hole Sponsorship

To meet this objective, we require your financial support. Each club that donates \$200 or more to the District Tournament will receive an exclusive Hole Sponsorship at the District Tourney. The name of your club will be prominently displayed.

Cheques should be made payable to: "Dennis Kwasnicki for District Golf".

Please mail to Dennis Kwasnicki, District Golf Chair, 12 Anne Street, Box 171, Hillsburgh, Ontario N0B 1Z0

Club Tournament Assistance

Assistance in planning a club tournament, please call or email Dennis Kwasnicki (416) 937-5927 or email to kwas@rogers.com. Registration forms for sponsored golfers can be sent by email if you prefer. Thank you for supporting the District Tournament with your registrations, and Hole Sponsorships.

Watch the video below to see how incredible the International Junior Golf Tournament is for participants from around the world.

Contact District Chair

Dennis Kwasnicki

12 Anne St, Box 171, Hillsburgh, ON N0B 1Z0

519-855-6660

kwas@rogers.com





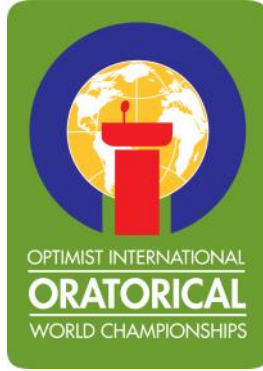
Optimist INTERNATIONAL

Optimist Club of Toronto-Etobicoke, Ontario



Etobicoke Optimists held their club Oratorical Contest on April 4th. Pictured are the winners:

- GOLD - Vidisha Gehani**
- SILVER - Ishan Jaggi**
- BRONZE - Percy Bentley**



Optimist INTERNATIONAL

Optimist Club of Cornwall



Cornwall Optimists held their Club Oratorical competition.

The winners are (left to right):

- 2nd place: Taylor de Haan**
- 1st place: Sophia Bunten**
- 3rd place: Dolev Klein**



Etobicoke Optimists held their club Kids Speak Out Program on April 4th. Pictured are the winners:

- GOLD - Ethan Liu**
- SILVER - Saarvi Gadde**
- BRONZE - Nivtiti Edara**





Optimist INTERNATIONAL

Optimist Club of Dunnville, Ontario

SPRING DESIGNER PURSE BINGO

OPTIMIST HALL - 101 MAIN ST E
LICENSE #: M840598



Ticket includes:

Entry

4 strip book of cards for all 10 games

Snack plate

Additional Purchases:

Cash bar

Raffle tickets

Extra cards and books available for purchase

TICKETS
\$50 EA
4/\$180
MUST BE
18 +



APRIL 27
2024
DOORS: 6PM
GAMES: 7PM

The Optimist Club of Dunnville has always been a very busy club and the 2nd Qtr was no exception.

Their Spring Purse Bingo is coming up on the 27th. The club was voted the Not For Profit Club of the Year in February.

On another front, they sponsored the award for the Young Future Entrepreneur won by Rebecca Booth.

Great 2nd Quarter Dunnville!!



COMMUNICATION CONTEST FOR THE DEAF AND HARD OF HEARING



The Topic for the 2023-2024 School Year is:

“How To Change The World With Optimism”

The contest is open to young people through grade 12 in the United States and Canada, to CEGEP in Québec and grade 13 in the Caribbean, who are educated in the United States, Canada or the Caribbean. Students must submit the results of an audiogram completed no longer than 24 months prior to the date of the contest by a qualified audiologist. Students must be certified to have an uncorrected hearing loss of 40 decibels or more, which must be supported by the audiogram in order to be eligible to compete. Students with permanent correction should compete in the Optimist International Oratorical contest



Planning is in the works for a spring 2024 competition. The deadline to enter is determined by individual clubs.

The deadline for Clubs to submit their winner to the next level of competition is set by the District. District deadline to submit a winner to Optimist International is June 15, 2024.

Contestants make a 4-5 minute presentation on the assigned topic. The presentations are judged at the Club level, Zone level (if needed) and the District level.

The Optimist International Foundations fund a \$2,500 scholarship for the speaking contest.

For all the information needed, contact CCDHH District Chair Ted Simmonds at (905) 838 2994 or ted.simmonds@bell.ca.

OPTIMIST CLUB OF HAMILTON

CELEBRATES ITS' 100TH ANNIVERSARY IN ROARING 1920'S STYLE



JOIN US SATURDAY JUNE 1, 2024 FROM 4-6 PM FOR
SOCIAL HOUR WINE AND CHEESE

(1 glass of wine/beer free with advance registration. Additional glasses \$6.00)
Check out our memorabilia and chat with old and new friends.

SIT DOWN ROAST BEEF FUNDRAISER DINNER AND SILENT AUCTION
FROM 6-10 PM.

Roast beef dinner \$50.00 per person (chicken and vegetarian options available)
Example: roast beef, yorkshire pudding, vegetables, potatoes, gravy etc.... dessert and
coffee/tea

Hotel accommodations available at the www.visitorsinn.com group rate of \$179.00 per night.
ALL PROCEEDS WILL GO TO THE CLUB TO SUPPORT ITS' ONGOING PROJECTS.

REGISTER AND PURCHASE TICKETS AT:

www.optimistclubofhamilton.org

"Tickets can be bought online at :

www.optimistclubofhamilton.org/registration

**Buy your tickets soon as we will be opening it up to the public
shortly. Come and have a Roaring Good Time!"**

Hey, want something to do next November?

The Optimist Club of Keswick is hosting a fundraiser and would like to invite members and their friends to join us for a Group Tour Douro Riverboat Cruise leaving Toronto November 6th, 2024. Contact the club for further details.



MAGICAL DOURO CRUISE

WITH OPTIMIST CLUB OF KESWICK

9 DAY TOUR

**CANADA | PORTO | CALDAS DE AREGOS | PINHAO | BARCA D ALVA |
POCINHO | REGUA | PORTO | CANADA**

Soak up the beauty of one of Europe's most impressive River landscapes as you sail through the Douro Valley, the world's oldest demarcated wine region!



DEPARTURE DATE:
NOVEMBER 6, 2024

TORONTO / STANDARD
MAIN DECK AFT
C\$ 3899

SINGLE
SUPP.
C\$ 699

For more details connect with
Optimist Club of Keswick
Jane Morson
Tel: 647-291-0798
Email: keswickoptimist@gmail.com



For reservation and booking contact:
Jennifer McPherson
TurnKey Travel
Tel: 289-238-8410
Email: jennifer@turnkeytravel.ca
TICO # 4316071



The Battlefield Optimist Club provided a pancake and sausage breakfast at the Christ Church Woodburn in Hannon April 6/24 for the Women's Institute as a fundraiser for the Erland Lee Museum in Stoney Creek. We had over half our members there to help which was strong support to provide the food for about 50 people.

EASTER EGG HUNTING.....



Optimist club of Oshawa had a very successful pancake Easter egg Hunt . Thanks to all volun- the children had a blast.

Looking forward to a day in the park event on June 29th



March 29 - Optimist Club of Lancaster were super hoppy to welcome more than 200 kids 12 +under to our 2nd annual Free Easter Egg Hunt on Friday March 29! More than 2400 eggs were found in less than 10 minutes! All egg hunters walked away with a sweet treat and a big smile. Many kids also got hugs and photos with Mr. Easter Bunny himself! 4 Lucky youngsters received big prize baskets for finding the elusive golden eggs! Our little club is extremely happy with the turnout from our small community, and we look forward to hosting another egg hunt next year.



This very busy Bunny visited many club events

March 30 - The Optimist Club of Stoney Creek teamed up with the Stipley Lions Club for an annual egg hunt. Over 100 kids rounded up hundreds of eggs scattered over the Little League ball diamond. While waiting for the hunt to begin, kids enjoyed hot dogs and drinks and hanging out with the Hamilton Police and Fire Departments.



District Convention and Annual Meeting
Friday August 16th to Sunday Aug 18th, 2024
McIntosh Country Inn & Conference Centre
12495 County Rd. 2, P. O. Box 1140
Morrisburg, ON
833-343-1106



Preview of 2024 - 2025

1st Qtr: November 8 - 9, 2024 in Niagara Falls

2nd Qtr: February 7 - 8, 2025 in Oakville

3rd Qtr: May 16 - 17, 2025 in Collingwood

Convention: August 8 - 10, 2025 (location TBA)



This \$2000 (estimated) coffee table is still in play....you all know the plan:

"For every new member you recruit this 2023-2024 year, you and your new member will get 1 ballot each for a chance to win".

The table top is actually a piece of the basketball court from the Scotia Bank Centre when the Raptors won the NBA Championship in 2019.

The table is L48" x W29" xH18".

A piece of basketball history.....

Don't miss out, your chance to win is just so easy!

SEAWAY OPTIMIST CLUB CHARTER PARTY

*Forever
Young
Adult Prom*



Tickets:
Dinner (OI only): \$30
Dance: \$25
Cash bar

Leo Boivin Community Centre, 444 Prince St, Prescott

For tickets and info contact: seawayoptimist@gmail.com

SATURDAY MAY 18, 2024

5:00 - 7:00 OPTIMIST DINNER

8:00 - MIDNIGHT DANCE FOR ALL



Optimist
INTERNATIONAL

Seaway Optimist Club

The newest Club in the District will be holding a party to celebrate their charter that was held on January 16, 2024.

The party will be held on Saturday May 18, 2024 at the Leo Boivin Community Centre, 444 Prince St. Prescott, ON

Tickets are available by contacting the club at

seawayoptimists@gmail.com

Please RSVP no later than May 10. They can be contacted through email or Facebook.

The Optimist Creed

Promise Yourself...

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best and expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear and too happy to permit the presence of trouble.